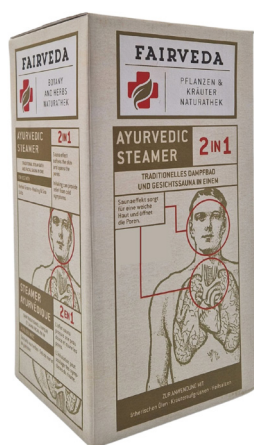


Ayurvedic Face Sauna

**FAIR
SQUARED**

An Ayurvedic face sauna is a treatment based on the principles of Ayurveda, a traditional Indian medicine. It uses steam to cleanse, soothe and revitalise the skin. Various herbs and essential oils are used, which are tailored to the individual needs of the skin and body. The treatment aims to detoxify the skin, restore the balance of the doshas (Vata, Pitta and Kapha) and to promote general well-being.



- THE AYURVEDIC FACIAL SAUNA IS A BENEFICIAL AND NATURAL METHOD TO TREAT SKIN PROBLEMS AND PROMOTE GENERAL WELL-BEING.
- THE STEAM OPENS THE PORES AND PROMOTES DETOXIFICATION OF THE SKIN.
- ADDED HERBS AND ESSENTIAL OILS CAN HAVE A CALMING EFFECT, WHICH CAN HELP WITH SKIN IRRITATION AND INFLAMMATION.

APPLICATION:

1. Preparation of the skin: Firstly, the face is thoroughly cleansed to remove dirt, make-up and excess oil. This ensures that the skin is ready to absorb the steam and the active ingredients of the herbs.
2. Place the face sauna on a firm surface. Carefully pour hot water into the lower part of the facial sauna. Add the desired oils, herbs or extracts to the water. Place the upper part of the face sauna on the lower part and wait until the water vapour comes out of the openings. Check the temperature of the water vapour before placing your face in the upper part of the face sauna.
3. After the steam treatment, the skin is cooled down, often with a cool, damp cloth. Sometimes a special Ayurvedic mask or serum is applied to further nourish and soothe the skin. After use, please rinse the face sauna with clear water.

- REGULAR TREATMENTS CAN IMPROVE THE SKIN'S APPEARANCE BY REDUCING BLEMISHES.
- THE FACIAL SAUNA HAS A RELAXING EFFECT, CALMING AND CAN ALSO BALANCE MIND AND BODY.
- MADE FROM CLAY IN SRI LANKA

MADE IN
SRI LANKA



WARNING:

- The Ayurvedic face sauna is filled with hot water. Pay attention to possible burns when pouring and using the steam.
- If the face sauna comes into direct contact with the skin or the steam is too hot, there is a risk of skin burns or skin irritation.
- Insufficient control of the temperature of the steam can lead to overheating of the skin, which can cause redness, burning or even skin damage, especially on sensitive skin.
- When using steam, heavy sweating can occur, which could put a strain on the circulation in some people. People with low blood pressure or other circulatory problems should be careful, as the rapid temperature change and heavy sweating can lead to dizziness or circulatory problems.
- Please keep away from children.
- Make sure that the sauna is kept hygienic, the temperature is controlled and no allergic reactions are triggered.
- People with sensitive skin or certain health problems should consult a doctor or Ayurveda expert before use.

PRODUCT NAME	ART. NO.	UNIT	EAN CODE
FAIRVEDA FACE SAUNA	4800237	1	4260663813102

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